

The Pathway to Improved Outcomes for Children and Families

Defining the Five Protective Factors

Families are supported to build:

Parental Resilience

The ability to recover from difficult life experiences, and often to be strengthened by and even transformed by those experiences.

Social Connections

The ability and opportunity to develop positive relationships that lessen stress and isolation and help to build a supportive network.

Knowledge of Parenting and Child Development

The ability to exercise effective parenting strategies to guide and know what to expect as children develop in multiple domains (physical, cognitive, language and social and emotional).

Concrete Support in Times of Need

Access to supports and services that reduces stress and helps to make families stronger.

Social and Emotional Competence of Children

Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotion and establish and maintain relationships.

CENTER FOR THE STUDY
OF SOCIAL POLICY'S

strengthening families[™]
A PROTECTIVE FACTORS FRAMEWORK

Bringing the Protective Factors Framework to Life in Your Work – A Resource for Action

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS