



Celebrate Parents in Your Community!

Think about the families you care about in your neighborhood, community or who you connect with through social media. Explore doing one or more of these ideas in recognition of National Parent Leadership Month.

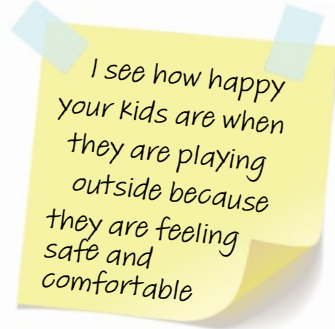
Fun things to do!

- Decide on one family you can have dinner with.
- Choose a family to invite to a celebration dinner.
- Arrange a free night or day of baby sitting.
- Create a basket with cookies or treats and a note to celebrate them for all the **AMAZING** ways they are showing up as parents! Deliver it in person with a hug or leave it on their doorstep as a surprise.
- Offer to help a family with carpooling to events.
- Help family, neighbor or community children create a note, make a chalk drawing outdoors or learn a song or skit for their parents to show how much they are appreciated.



Words and Notes to share!

- Send a note of appreciation on social media or share in person!
 - "I see how happy your kids are when they are playing outside because they are feeling safe and comfortable."
 - "I know your kids must feel loved and cherished when I see how well they play together."
 - "I see you give all your love, support and energy to your children over and over no matter what challenges you are experiencing."
- Send a token of appreciation in the mail
 - Send parents a National Parent Leadership Certificate acknowledging them with a personal message.
 - Buy and send a gift card for a treat or even some much needed support.
 - Send a package with notes, stickers or a small craft project to share with their children.



Build Connections!

- Share ongoing with parents the success you see them having.
- Share stories of your own parenting journeys and ask them about theirs also.
- Build connections in person or virtually with grandparents too!

