















How many years has NPLM been celebrated?

Check out a resource in your community for families.

Learn about strategically sharing your story.

Join the BPNN

List your community partners.

Where can you go for NPLM resources?

Attend an event at your local library.

Learn and explore what policies you want to teach others about.

Start a Book Club

Explore who your community leaders are and the topics they are passionate about.

How can you recognize a parent during NPLM?

Find a family friendly event and invite someone to go with you and your family.



**Explore the Protective Factors** 



Write a letter to a policymaker advocating for family support.

What is this year's NPLM theme?

Do an act of kindness in your community.

Identify your strengths as a leader.

Explore the BFPP Tools



Share a story of a parent leader you admire.

How can you share your story in February?

Find an activity or thing you can do to volunteer in your local community.

Write down some goals you have personally.

Start a Community Cafe



Attend a workshop or training.