



Supporting



Protective Factors



Advocacy



Resilience



**Encouragement/
Learning**



Nurturing



Talking

Chapin Hall has done lots of research about the importance of supporting families.



1

Each protective factor is important and together they build strong and stable families.

2

Celebrate 21 years of National Parent Leadership Month with a proclamation.

3

Print off our superhero and puzzle piece affirmations in the resource section and share with family and friends.

4

You can learn in lots of ways, and one we suggest is a book club.

5

Zero to Three has great resources for families to explore a child's early years.

6

Explore this resource from The Kids Mental Health Foundation about talking to your youth about social media.

7

Watch the BPNN's 10th Annual Virtual Convening about the importance of concrete supports.

8

Learn about the protective factors online training from Pro Solutions Training.

9

Parents are Heroes. Check out our past HERO campaign

10

Share and talk with a friend about their parental resilience using this tool.

11

Apply to join the Birth Parent National Network!

12

Explore your family members' Love Languages by taking this short free quiz.

13

The Birth and Foster Parent Partnership has great tools to support talking with one another.

14

Charge our social battery so you can maximize your social connections.

15

Explore the ANPPC's Protective Factors campaign resources.

16

Parents need information. Check out the ANPPC Need2Know infographics.

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Explore the ANPPC Resiliency Campaign resources.

18

Check out our great tip sheet on ways you can celebrate parents in the resources section.

19

Learn more about how 24:7 Dad at National Fatherhood Initiative supports fathers.

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Explore the Talk, Read, Sing Resources at The Office of Early Childhood Development website.

21

Strong communities talk about managing and expressing emotions.

22

What are the building blocks that lead to you being resilient?

23

Read the latest Within Our Reach Report about actions you can take today.

24

NPLM is dedicated to recognizing the important role of parents and caregivers in their homes and community.

25

Action for Happiness has a great free monthly calendar you can download for encouragement.

26

You can build strong communities by having conversations that matter.

27

What's your story? Explore parents talking about their HERO stories.

28